

Greenwave

CAMBRIDGE REGION. No 8

40p

THE NEXT ECONOMY

changing values, changing methods



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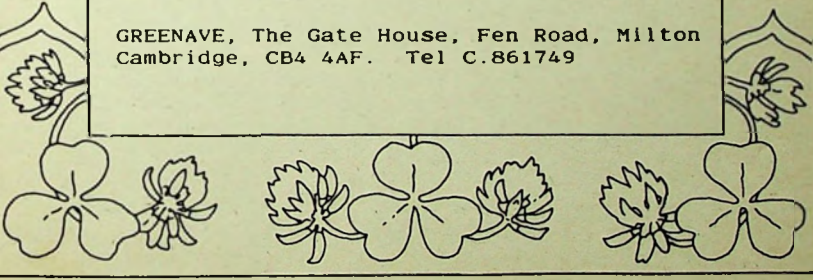
WAVERING ON

Our cheapo word-processor flipped a chip with half the contents still in its tummy; after retyping we found we'd got too much to go in; Sean, our new printer goes on Honeymoon next week so we can't be late, and the dog ran away yesterday. A pretty run-of-the-mill paste-up week really. Many thanks to those who responded to our appeal. It will be a while before we know where we are, in the meantime, we still need all the help we can get.

The theme for next issue will be 'Turning Points'. We aim to look at the most commonly shared 'up-heavals' in life - birth; coming-of-age; marriage; divorce; death and bereavement - the turning points which used to be marked by religious "rites of passage". How well do we deal with them now and what are the alternatives? Just how much choice do we have? As always, your contributions are more than welcome. Deadline for material is August 1st. Material which reaches us earlier has a better chance of inclusion.

Greenwave is produced entirely by voluntary labour. More help is always welcome. The views expressed in articles are not necessarily those of the Greenwave group.

GREENAVE, The Gate House, Fen Road, Milton
Cambridge, CB4 4AF. Tel C.861749



A Greener County Council?

I feel rather like the prophet Jeremiah, caught in the act of giving three hearty cheers. Much to my own surprise, I'm actually quite hopeful about this new county council of ours.

It's five or six years ago now that I finally gave up hope of finding the kind of politics I really wanted in any of the main political organisations. Part in dudgeon and part in optimism, I joined the Ecology Party, and there I have stayed ever since. In all that time I've never really doubted my view - show me a green Liberal, or a green Socialist and I'll show you someone who's going to be outvoted in the Management Committee or on the conference floor.

But here at last is a County Council making all the right noises. All? Well, quite a few of them at least. It's old news now, but the very first full Council meeting on May 14th laid the East Road scheme to rest. I was there at Shire Hall in the gallery with (amongst others) the site manager of Midland Oak, who won the contract to build the road - a nicer man you couldn't hope to meet, but that's another story. The debate which went on below us was surprising for its vigour, its clarity and its going straight to the point. No one with green aspirations could have been down hearted that afternoon.

And now, at the July meeting, the Council will probably approve changes in standing orders to abolish much of the secrecy of council business (CEN May 25th). There is also to be a channel for local people to present petitions direct to the Council (which is something the 'News' didn't pick up). This is just what the 'Freedom of Information' campaign has been asking for.

Friends of the Earth have found the Council very helpful in their Swavesey Marshes campaign.

It's not all hunky-dory though. Listen carefully to one or two of our SDP councillors (no names no libel actions) and now and then you'll hear some quite dreadful things. And I mean appalling. These are not the women and men to usher in the bright new dawn.

But what a relief, what a pleasure to see an end to that last administration, which was so tireless in its opposition to green ideals.

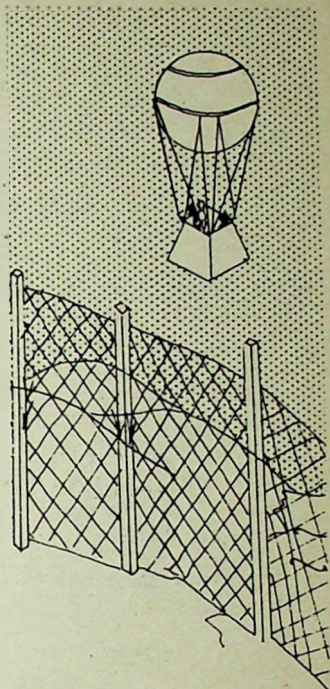
Molesworth

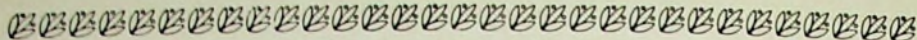
Gazing out from the campfire over the razorwire into the compound now imprisoning the 'Eirene' chapel and many trees planted last year, the overwhelming impression is of a military camp, yet one in which the Ministry of Defence police are the prisoners - we are the guards. We observe the half-finished chapel and the untrodden trees and keep an eye on them.

We bring songs and poems of resistance and civil disobedience. We live in the open and close to the ground, for a short time at least. We notice when trees come into leaf. We see the yellowhammers and bullfinches. We feed the cat - one of the Rainbow Village refugees. We give the Royal Engineers badges, and the M.O.D. police leaflets and magazines. We build relationships and we encourage ideas. Ideas are dangerous and the most subversive of all.

They use bulldozers: we use hoes.
They use barbed wire: we use our
voices, our bodies, our spirit.
They use a ladder of command upwards and downwards: we use
a chain of communication links circle-wise. They use
clean uniforms: we wear jumble clothes with equal dignity.
They carry the latest in communications - radio and
helicopter: we use our feet and person-to-person... and
have an old and beautiful black telephone we can pick up
and know with confidence that it is not tapped - for it is
not connected. (Durham Peace Action initiative). They use
daily command sheets: we use duplicated bulletins,
silkscreened posters, photo-litho magazines, and
postcardpoems and pacifist/anarchist leaflets.

They are 'just doing their job': we are just doing our voluntary duty; picketing and vigilling and presenting a variety of important floating ideas, like Quaker ones, anti-nuclear disarmers, pacifist ones and ecologists - 'the Greens'; like Christian ones and libertarian ones. As if each and every person coming to Greenham or Molesworth had really thought out some of the issues of nuclear power and weapons - as indeed they have. Whereas most soldiers and






many policemen have only thought in terms of defending their nation, rather than defending the earth.

Meanwhile, back around the fire, visitors call daily with gifts and support. More are needed to stay for 24 hours to picket and vigil in the peace garden opposite the peace chapel. Come and visit. Come and stay.

Dennis

This article was reproduced from the Molesworth Bulletin. The Bulletin is available from the Old School House, Clopton, Kettering Northants NN14 3DZ. Minimum subscription rate is £3. Also from the Old School a cassette of songs capturing the Eirene spirit (£3) and Molesworth banner postcards.



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Mildenhall Air Show

The Mildenhall Air Show, claimed to be in celebration of forty years of peace, took place during the last weekend of May. Several local anti-nuclear groups took the opportunity to distribute leaflets to the public and to point out that the forty years of peace might just have been achieved by other means than the maintenance of the so-called balance of nuclear power. Groups from Norwich, Bury St. Edmunds, East Harling, Cambridge and Burwell took part, managing to maintain a constant presence throughout the weekend. The presence was not always inside the base, however, as several people were questioned by the MOD police, and then escorted off the base, even although they had paid to enter and were at particular pains not to alienate the public by spoiling their weekend. However the demonstrators soon discovered that the traffic outside was so heavy and slow moving that the leafleting was almost as fruitful as it had been inside the base.

The main leaflet used was devised by the Burwell group; entitled "The Plane Truth", it was a mock quiz containing puzzles and a crossword, interspersed with facts about nuclear arms. Thus in an entertaining format that was suitable for the occasion, several telling facts were put over. Over three and a half thousand of the leaflets were distributed on the first day.

For those of you who didn't fancy celebrating forty years of peace by going to gawp at the weapons of war, here are a few sample questions from The Plane Truth:

1. How many working years of nursing care would the cost of one armed Trident submarine pay for?
*5,000 *10,000 *50,000 *100,000

2. A 1983 MORI poll showed what support for a worldwide nuclear freeze?
*43% *57% *65% *81%

3. What proportion of people are not in the USA or USSR?
*75% *80% *90% *more than 90%

4. In the recent war between Ethiopia and Somalia, which superpower supported Ethiopia?
*USA *USSR

Answers: 1.) 100,000. 2.) 81%. 3.) 92%. 4.) USA then USSR - they swapped sides.

E-Codes again

In the issue before last we published a listing of the food additive E-Codes, giving details of what they mean and rating them as harmless, questionable or dangerous. This aroused a great deal of interest and we have recieved a number of requests to reprint the listing for further distribution. It also produced some criticism, some of it very well-informed and thoroughly thought through. (For example see Martin Good's letter in issue No7.)

The document has been widely circulated in this country by various FoE and ECO branches and in one area has even been distributed to nursing staff for their information. Since we have frustratingly little time for investigative journalism, when we recieved the document in question it was largely a question of whether we 'publish and be damned' or leave it out altogether.

The document quoted as its source the research institute at the Villejuif Hospital in France. We have since been informed that the villejuif authorities have expressly denied knowledge of the leaflets and dissociate themselves from the information they contain.

While we are sensitive to charges of 'scare mongering', we don't regret having originally published the listing, since it has evidently served to raise the question of food additives in many people's minds and, we hope, encouraged them to find out more on their own behalf.

We shall not be republishing the original lists, but would be delighted to print further material on the subject. Anyone knowing of dependable sources of information should contact us at the address given on the front, inside cover.

PROFESSOR YUMMY TELLS US . . .



The Ministry of Agriculture, Fisheries & Food informs us that E123, amaranth, which is listed as very dangerous, has been confirmed as safe following "recent additional safety studies". We have also been

informed that amaranth remains banned in the USA and there is no sign of the US authorities changing their minds on the matter. We remain concerned that people have access to such information in order to make their own choices. Our concern will continue for as long as legislation works on the general principle that anything may be described as food if it has not been proven to be poisonous, rather than requiring that it actually does you some good. We believe that organically grown, fresh, unprocessed food-stuffs contain a vital ingredient called life which cannot be synthesised, and cannot be replaced by additives once it has been destroyed. This is not just a matter for 'food cranks', but for anyone who wishes to be healthy and happy.

Mark Palmer

More on Food

★ The Government's Advisory

Committee on Irradiated and Novel Foods (!) is expected to report very soon that allowing a dose of radiation to preserve food is safe and should be permitted. Cobalt-60, from nuclear reactors in Canada, will be used to bombard the foodstuff with one dose of gamma radiation. This will not lodge particles of low-level radiation in the food, but will change the chemical composition of it and kill bacteria. The nutritional value of some foods will be affected, i.e. lowered, while fatty fish, dairy products and some fruit would look and taste disgusting if they were to be bombarded with Cobalt-60.

Food that is overdosed would become unfit to eat - this could easily happen if zealous exporters and importers each dosed the same food with radiation.

★ More information related to Martin Good's letter in the last issue, viz. that plenty of natural things are bad for

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► you... Unfortunately they are. In particular:-

- Carcinogens can be formed as a result of cooking fats and proteins in certain ways. Burnt and browned materials which result from heating proteins during cooking are both mutagenic and carcinogenic. Rancid fats are linked to breast and colon cancer in humans, and unsaturated fats are also easily oxidised, both while standing and during

cooking, to form mutagens and carcinogens. Should chemical anti-oxidants be used in these circumstances?

- Some plants in nature contain toxic chemicals in large amounts to ward off bacterial, fungal and other predators. Some have been found to be useful drugs for humans, but others are mutagenic and carcinogenic. For instance, edible mushrooms contain hydrazines, which are carcinogenic and mutagenic. Beets, celery, lettuce, spinach, radishes and rhubarb all contain about 200 mg

nitrate/100g. Nitrates (and nitrites) can react within the human digestive system to form compounds that are implicated as causative agents of stomach and oesophageal cancer.

Organically-grown vegetables might not contain as much nitrate as



that mentioned above.

- Some mould-contaminated foods such as corn, nuts, peanut butter, bread, cheese and fruit also contain carcinogenic and mutagenic substances.

This information comes from "Science", vol. 221, no. 4617, 23 September 1983, from which further information can be gleaned if you want to depress yourself still further.

★ On 6 July you can potter off to Midsummer Common to the Good Food Fair. This is being organised by the Cambridge Health Authority to launch their programme for food and health. There won't be just wholefood stalls - big companies like Boots and Tesco are also going to cash in on the fair. The pre-publicity information says that stalls are open to all organisations, groups and individuals which can "... sell (good food), display it, sell books about it, paint pictures of it, sell pots to cook it in, herbs to flavour it..." It sounds like it will be quite a commercial event, but worth a visit.

ECO-The Only Green Party?

In the last issue Guy Grimley of Cambridge ECO gave his opinions on the subject of whether or not to fight certain seats at election time. On behalf of certain members of Peterborough ECO I would like to put forward an alternative view.

Guy suggested that the priority was to get rid of the Tory administration. Fine idea, but we don't want to replace it with a Labour or an Alliance one, as they're all just shades of not-Green. We want a Green council. Presumably if Labour had taken control, then our priority in 1989 would be to get rid of them.

Members of the Ecology Party come from many political backgrounds - Left, Right, Centre or just disillusioned. One of the things they have in common is a conviction that there are no other Green parties. This being the case, it is surely logical to deduce that there is no Green political alternative to the Ecology Party, at least as far as Greens are concerned. If this is so, then surely Ecologists should stand for election against all the others, as anything less than an Eco victory is second best. What use is standing down for a "Green" liberal if their success is balanced by SDP candidates who look on nuclear waste reprocessing plants as an opportunity to create jobs? What use is an anti-nuclear socialist who supports massive industrial expansion? Every other party has policies which are at variance with Green ideals. Anyone in any such party who claims to be Green is at best confused. The basic ideals of their parties are opposed to the whole Green philosophy. Trying to change them from the inside makes about as much sense as joining the Belvoir Hunt in the hope of converting it into an anti-blood sports society.

At the root of all this though, there is a principle. In every ward there are people who want to vote Eco. It is our duty to give them that chance. If we want Green councils and Green governments, we have to win elections. And if we don't stand, we can't win.

Nigel Callaghan

DEEP TISSUE BODY WORK

POSTURAL INTEGRATION

PULSING

Carolyn Milbank, 3 Pretoria Rd., Cambridge. C: 316411

Addenbrookes-The Cleaning Sickness

Economics in its original meaning refers to the wise management of the household. Eight months ago O.C.S. (Office Cleaning Services) won the cleaning contract at Addenbrookes on a cheap tender.

Prof. John Davis resigned from Cambridge Health Authority in protest: "My immediate occasion for taking this step is the so-called 'Privatisation' of the hospital cleaning services and the terms of the contract that we have accepted."

Domestics went on strike for the first time in their lives, after many years of service. Sylvia Burton, an Addenbrookes domestic, spoke to hospital workers in Sunderland, telling them why they refused such conditions of employment:-

"12 years ago I went to work in the NHS. I enjoyed my work. In fact, I got to love my work, I got to love the people I worked with. You worked as a team. If a job needed doing, you did it. You're low paid, you don't go into it for the money. You feel for your hospital like you feel for your home.

"Let me tell you what Privatisation has done to my hospital. First of all, it got rid of a third of the domestics. There were twenty two and a half cleaning hours per day in every ward. They left us with ten and a half cleaning hours. One person to do the whole of the work. They took away our annual leave and said that after we'd given them a year's service we could have 2 weeks' holiday. From the first day of their contract, I should have been entitled to 5 weeks' holiday.

"Everything in my hospital is filthy. And you can understand why - when you get 20 minutes to clean 9 toilets, the doors and fittings, 13 handbasins, the taps and fittings, 3 baths and one shower. And when you cut down the specifications, they give you 13 seconds to clean a bath. It isn't even long enough to wet the cloth. They've cut people's hours so low that you didn't earn enough to pay for your NHS. You didn't earn enough to pay for your sick pay. So you went without, you go to work sick and it's the sick tending the sick. There's no time to say 'Good morning'. There's no time to help with the tea. There's no time to do the cleaning. My hospital is absolutely filthy. Where is the wisdom in making profit from patients?"

The government intends to extend their privatisation plans into all the NHS's services - which includes nurses and clerical workers: "Although this circular concentrates on

**CLEAN
OUT OF
WORK**

OCS, a cleaning
company, is not
with Cambridge
Authority. Last
I reported the
in cleaning the
Addenbrookes
Now, I hear,
-en banned,
-ity's

**WE MEAN IT
CARE
NOT PROFIT
in the
NHS**

YOUR DOMESTICS

three support services health authorities are asked to continue to develop the use of private contracts for the whole range of support services..." Gvt. circular HC(83) Sept '83.

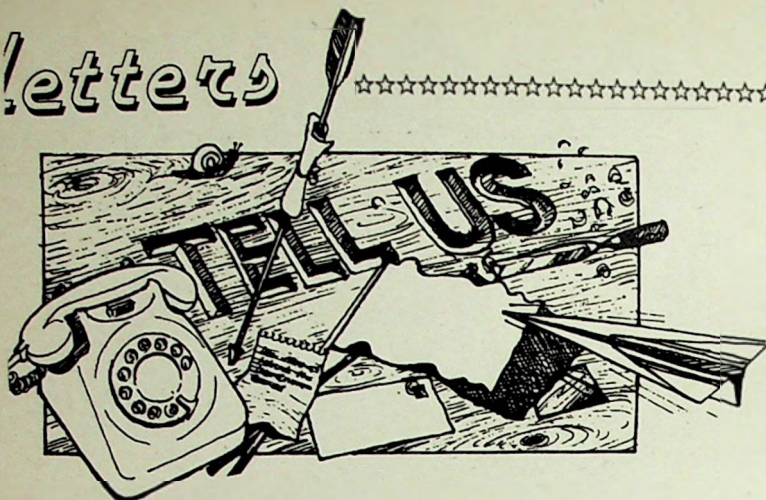
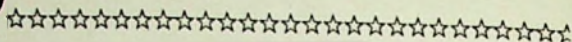
Sir Geoffrey Finsberg (Tory M.P. for Hampstead) is paid a consultancy fee by O.C.S. Wherever public need is overtaken by private greed, then corruption will not be far behind ... Is that why after 8 months Addenbrookes Hospital remains so filthy, disgusting and dangerous?

We have the power and the responsibility to make CARE come FIRST at Addenbrookes, but we have to speak out and voice our concern. We can decide the future and not let it be decided for us.

The fight against privatisation goes on. Monday 13th May, 150 hospital workers from the North East arrived at Addenbrookes Hospital. They came to support Addenbrookes' 'Caring Domestics' struggle for proper patient care. THEY KNOW PRIVATE CONTRACTS LEAD TO PRIVATE HOSPITALS.

The struggle is for care before profit. The NHS does not belong to Thatcher to hand over to private greed - it belongs to all of us. Will we in our state of apathy betray our forefathers who starved, fought and died so that their children would have a National Health Service? Show your support now.

Letters



Dear Greenwave,

Most of the human race is caught up in money fear: the poor are afraid that they will never have enough, and others are worried about losing what they have. The only way that money will ever lose its control over us is if we give up the fear we surround it with.

Economic imbalance and the threat of nuclear war, which are closely linked, need to be resolved by spiritual growth. Unwittingly, us "little guys" are actually causing the problem. Looking at life from a holistic viewpoint, the Spirit of the Universe flows through each of us, giving equal energy to every thought and emotion, ultimately creating the physical reality. How much of our time is spent reaffirming negative opinions and building up hatred and fear? As a child, we pick up certain values and responses to life, expand and add to them - until a large percentage of our mind is taken over by habit. We respond to situations, people and ideas with pre-programmed thoughts and feelings, very much like sophisticated robots. If somebody presses our "money fear" button, we go beserk with worry and rage.

Let's forget about the government and other people telling us of monetary difficulties - starvation and poverty everywhere could be virtually wiped out if the money spent on military power was used to raise the standard of life for all, so it's not that there isn't enough money to go around.

As with any material problem, such as illness, it is not the physical, but the mental and spiritual spheres to which we must look for the permanent solution. In order

to gain peace and prosperity, mankind must become one with the fourth dimensional self within - the being of love. The bestial side of us has to be shed, for it is not our true nature. We are all one in spirit - is it not time to become one in mind and heart? It's time to step off the karma wheel and enter the world of love.

All the permanent changes come from inner changes. If we are to stop being territorial animals, forever seeking more, we must lift the human race mind into a new way of thinking. Point to any problem and I will say it comes from a lack of love. Do you know why Jesus Christ produced all that fish out of thin air? He saw that the people needed food. He didn't worry about where the food was going to come from, because his mind was open to the Inner Spirit, and this love filled the need. I believe any human being is capable of producing a material substance out of thin air - the Universal Spirit is power - it can and does flow through us to accomplish instant healing and other "miracles". This Spirit, of which we are all a part, is just waiting to be tapped for good. Right now we're barely using it, in the sense that most of us aren't even aware of how it gives life to all our thoughts and emotions. Let's use it consciously by dwelling on love, peace and prosperity, so that the Spirit may bring this to the whole world.

Lots of love,
Teresa Ashcroft

Dear Greenwave,

There are 15 of us living on a farm in Shropshire. We all have one aim - to return large numbers of people to the land as quickly as possible. We are taking well thought out action in all the necessary areas and have had reasonable success in our 3 years since we began.

Eight days ago 50 acres of land next to our farm came up for auction. The Trust met and decided that we would not allow the land to be used by farmers using non-sustainable chemical methods and that we could make good use of the land as a logical progression of our aim. We obtained a bank loan for the deposit using our existing assets as security and purchased the farm. The Eco Building Society have made a mortgage available but we need a balance of £50,000 by the completion date, 27th June. If this amount is not available and we cannot complete the purchase, the result of the financial aftermath will destroy the work of the Trust. We knew this when we decided to go ahead.

However, because we all feel an imperative in our aim, we must press ahead. To put people back on the land, where they belong, means that firstly land must be available. The way the present economic system works means that it is impossible for this to be done using money on which 'interest is due'. Land prices are vastly inflated due to large scale financial operations. The only method is donation by people of good heart who recognise the importance of this aim.

Look at your own situation and evaluate what you need to meet your responsibilities and requirements. If there is something left over - however small - look inside yourself and ask What can I give towards this aim? In doing this, whatever the result, you will begin to understand the real nature of the problem facing our society. If you are able to respond, send cheques to H.A.R.T. (WOODLAND) or cash to FoE office, Gwydir Street. They will send on.

H.A.R.T.

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The Next Economics

by MIKE BELL

Not many of us know a great deal about economics - it seems a technical and difficult subject, best left to the 'experts'. But we don't need to know anything about the detailed theories, terms and doctrines to criticise present economics and call for a new approach.

Just as, when 'chemists' discovered how elements combined into compounds, they did not need to know all about the 'wing of bat' or 'eye of toad' which the alchemist had been studying all his life, to say with some certainty that the search for the 'philosopher's stone' was a complete waste of time.

Misconceptions of 'money only counts'

Economics, you see, is also based on misconceptions:-

- (a) it ignores the input from, and output to, the environment
- (b) it only considers as relevant, work and exchange which involve money - ignoring domestic, DIY, and voluntary work.

It's no wonder then that economists these days seem to come up with nothing useful. One approach, that of the monetarists, tells us that we can halt the 'recession' if we can only cut down public spending and lower taxation; another lot, the Keynesians - tell us that to get the economy moving again we need more public spending not less.

Both are seen to ignore the fact that economics does not exist in isolation - it is only the measuring and enabling device for real activities. Because they rely on equations they think that 'the recession' is caused by wrong economic policy - in reality it's caused by the finite nature of resources - in this case oil.

Politicians and economists still keep calling for growth. "It used to work in the past so why shouldn't it work now?" The answer, of course is so simple that you can't see it if you're looking the wrong way.

Growth in the industrial era was possible not because economists got their theories right- it happened in all sorts of different economic regimes - it was possible because the cost of energy fell (in real terms) relative to

the price of labour all the time from the start of the industrial revolution until 1973. 1973 was of course the year of the OPEC price rise - since then, with a few ups and downs, labour is getting cheaper relative to energy. The next economy is going to be of a different type - it will depend on reducing our demand for energy, not increasing it.

But let's look a little more closely at the thing called 'growth'. What we actually mean by it, is an increase (taking account of inflation) of the measurement called GDP (Gross Domestic Product). This measures the total of consumer goods and investment and is used as an indicator of a nation's wealth.

Quality of Life

There are so many limitations to this measurement that it is impossible to list them all here. Firstly it ignores, as I said before, all domestic, DIY and voluntary work. The quality of home-grown food cooked in my kitchen, my ability to fix things myself, and the voluntary baby-sitting circle in the village, contribute at least as much to my personal wealth (in its real meaning of well-th or well-being) than does my cash sector activity - a lot of which goes to pay the interest on my mortgage.

Secondly, all sorts of 'good' things like long life goods and energy conservation are counted as negative, because if goods are shoddy and inefficient we have to buy new ones more often, and spend more money on fuel: both lots of waste count towards 'growth'. At a national level these objections become absurdities. Assets like forests, fish stocks and North Sea oil are used up rapidly and counted as

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Natural Health Network, Chardstock House, Chard, Somerset. TA20 2TL.
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income! Road and sewer repairs which only put things back to their original condition and hence make no difference to the nation's wealth, are all counted in GDP.

Politicians seem to be so preoccupied by the need for growth that they haven't realised that if you discount these absurdities, growth has been negative for the last twenty five years. Realising this, might dethrone the god of GDP to whom our well-being has been sacrificed.

The Job Phenomenon

Tied up in this realisation however, is a rather harsh bit of reality, which most ordinary people have had a hunch about all along - the prospect for jobs is not good. Many people are under the impression that the job losses are caused by new technologies - unfortunately it is not that simple. If new technologies were replacing people, then the output per working person would have gone up in the last few years - in practice it's gone down. The fact is that over three million people are out of a job because oil is more expensive. It happened like this:

Before the industrial era 'jobs' hardly existed - people worked directly for many of the things they wanted - growing a cabbage, knitting a jumper. The industrial era consisted of the steady replacement of human and animal power by machine power driven by fossil fuels. Because of the nature of the technologies involved, people worked less on the land and more in factories and service industries like banks and shops, and became dependant on their cash wage. 'Jobs' (paid work) are a product of the industrial era. All the time, however, engineers and scientists have been constantly at work improving methods, materials and designs. The result of these efforts is that fewer people are required for a given level of output, so the only way to maintain employment is to achieve 'economic growth'.

Every year the expansion in output must put back into work as many people as have been put out of work by the engineers and designers. Several preconditions are necessary for this growth, two of which are:

- a) a market for the new goods; and
- b) access to more energy to make and use them.

How Money Rules

The rise of OPEC changed the rules of the game. Suddenly the oil rich nations had oceans of spare money. Unable to spend it all they put it in the only place they could - the western banks. Now bankers had to go out searching for customers - and found ready takers not only in the third world, but in Poland, Eire and Rumania. Initially this created a bit of a boom with borrowers ordering vast

quantities of consumer and capital goods with their new money. But the day of reckoning is now here. Interest rates started to rise and now the debtors can hardly repay the interest and constantly call for rescheduling - which of course is only another loan to repay the interest on the first one. This 'credit bubble' is the active mechanism of the recession. Just like me and my mortgage repayment, real wealth has to be used up to keep the Monopoly game going.

The two preconditions for growth are therefore not satisfied - we don't have markets for our goods because the buyers are busy paying interest, and we can't increase our demand for oil because that will push up the price and start the downward spiral again.

The Next Economy

Having understood what is happening we are in a position to find our way out of the maze. The successful countries will be those which succeed in both reducing their demand for energy and their dependence on exports.

The first two factors of a new economic strategy are a Low Energy Strategy and greater national self reliance. As we have seen, this is not good for jobs, so the next necessity is the redistribution of work - working less hours per

Communal People Needed

How would you like to

- * Live in the country in a large and beautiful house with extra space for crafts, workshops etc.
- * Grow and eat lots of organic vegetables and fruit.
- * Help to look after goats, hens, bees, buildings etc.
- and generally join in the with all the work and play involved in Parsonage Farm Communal Life.

We're currently 6 adults and 4 children, but we'd like to be more, so if you're interested write to us at 128 Low Rd. Burwell, Cambridge or ring Newmarket 741584 and ask for Parsonage Farm.

We are also members of WWOOF (Working Weekends on Organic Farms) which is an organization that enables people to gain knowledge and experience of growing food organically. The national centre is in Sussex and there are ten farms within the East Anglia region. Food, a bed and the occasional glass of home made wine are offered in exchange for the work done over the weekend. For further information about WWOOF see Network Section under "work".

year and earning less, but paying less tax because there are few unemployed.

The next economy then falls into place - less work is being done in the cash sector so revenues from taxation will be less, this means less welfare state, less health service, less social services. We then realise that the only feasible future is the ecological one - using less of the non-renewable natural resources (all other resources require energy to convert them into goods) and more 'do-it-yourself' (assisted by what I call The Other Technological Revolution - of Texas Home Care and Halfords are but two manifestations). We take personal responsibility for our health as queues at the NHS grow longer.

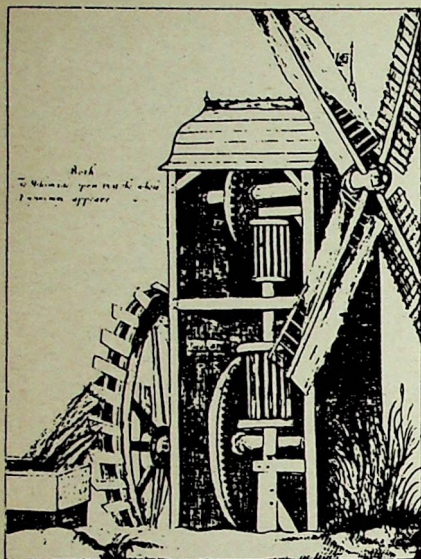
If the country really wants to get ahead, it should get into all the pollution control, recycling, solar power and other technologies of the post industrial age. Firms must develop new goods and methods which use less energy - these are the products of the future, this is the next economy.

The New Economics

The New Economics therefore is not just a new theory. The old dying economics grew up during the last century when much of the new wealth was being created in factories and by money transactions. But times have changed. More wealth is now being created at home; our environment is endangered by being ignored. In the new economics, pollution control is recognised as a benefit and not a cost. Education is not some specialist training for a life time job - but will consist to a large degree in life-skills training. Health and social service provision will progressively shift from full-time professional 'cure' to preventive education, positive health promotion and communal care with an expanded role for the volunteer. Stagnation in the economy could be partly alleviated by local currencies or computer-based skills and goods and skills exchanges, reducing our dependance on cash and getting around the interest rate problem. Projects like roads and power stations will be assessed not simply on their return on investment, but on a new cost benefit analysis.

Wealth, we are re-learning, is not the size of our incomes. Well-th is warmth, not coal consumption; transport is motion, not car production, security is more in our hearts than in the cost of a new missile system, and being able to leave the front door unlocked or pick our own tomatoes is quite beyond price.

Economics Of Erosion



An all-round look at the history of the threat to the fens.

In a New Scientist article on food production and soil erosion in East Anglia, Tilo Ulbricht, scientific advisor to the Agricultural and Food Research Council said:

"The trouble is, the average economist's view of 'efficiency' is incredibly narrow. That definition leaves out of account all the things which, in the long run, matter most: the effects of agriculture on our countryside, on soil fertility, on rural employment and rural communities, and on the quality both of the lives of farmers and of the food they produce."

This present article is the first of a series where we try to apply this New Economic perspective to the question of food production in the fens. Over the next few issues we shall look at the many factors involved, including the history of the soil itself and the history of the fen-land community, taking into account the wild-life and plant community. We shall draw out some of the inter-related political, economic and social factors which have contributed to the present situation and finally we'll be reviewing some of the currently proposed solutions, attempting to find a realistic transition from the situation as it now is to a more viable, green perspective on fenland food production.

HYPNOTHERAPY

PSYCHOTHERAPY

REFLEXOLOGY

BACH FLOWER REMEDIES



Sujato Houwen
DHP MAHP

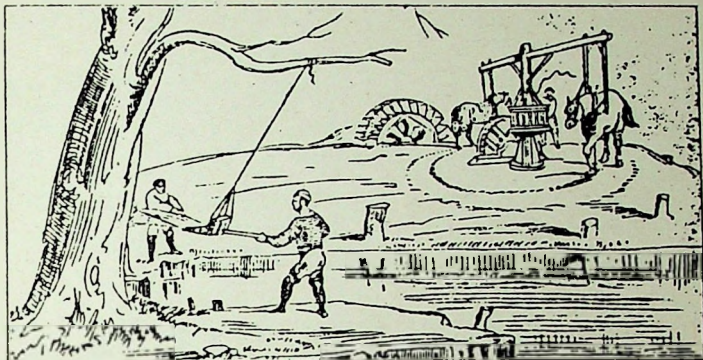
Madingley:
211041

Fen Drainage and the People

"Come brethren of the water and let us all assemble to treat upon this matter which makes us quake and tremble

For we shall rue it, if't be true, the Fens be undertaken

And where we feed in Fen and Reed they'll feed both beef and bacon."



Large-scale land ownership is written into the history of the fens. When Francis, 4th Earl of Bedford undertook to drain the fens in 1630, the reward offered to him and his thirteen fellow "Gentleman Adventurers" was 95,000 acres. The intention was not to make the land permanently dry but to make it fit for grazing in the summer.

The one place where the scheme met with no support at all was in the fens, among the people who actually inhabited the area. When work began they broke the sluices, levelled the banks and even killed workmen who were building the dykes. In order to understand the ferocity of their opposition to the scheme we must know something of the background of the area.

Of course the most basic element was a simple fear of change. The people here had developed a lifestyle which was in harmony with the conditions they lived in. Their livelihoods came from the area's natural resources - the fish and wildfowl, the reeds and the willows. But they were involved in the landscape in other ways too.

The marshy swamps of East Anglia had for centuries provided a haven for those who sought sanctuary from the country's central government - whether that was Romans or Royalists. The island communities were safe from intrusion by those who knew nothing of the safe paths through the swamps.



Through learning about the ways of peoples like the American Indians and Australian Aborigines and hearing about their relationship with their ancestral lands, we have accepted the idea that indigenous rural communities can and do have an intimate spiritual relationship with the landscape. We may not have learned to think in such terms regarding our own ancestors, but the images like those inscribed onto the Gog Magog hills just outside Cambridge bear witness to a view of the world which saw the land as peopled with spirit forces. The folk-lore and fairy-tales of the area are remnants of beliefs which took account of spirit life in every tree, stone and brook.

However much the strength of this faith may have faded by the time of the draining of the fens, the underlying ferocity of the peoples opposition was almost certainly influenced by a sense of seeing their 'ancestral cathedral' being desecrated.

How Fen-Folk Felled the Monarchy

The discontent generated by the fen drainage scheme was used by Oliver Cromwell to further the anti-royalist cause. Cromwell styled himself "Champion of the Fens" and the 'ironsides' who formed the elite core of his new model army were mainly men from Cambridgeshire, Huntingdonshire and the fens.

But ungovernable 'bad-lands' were no more acceptable to a parliamentary system than they were to the monarchy, and the potential wealth to be gained from the rich soil remained an irresistible lure. Having established the Commonwealth, Cromwell forgot the fen folk and gave William the 5th Earl of Bedford the task of draining the fens entirely, to be dry all year round.

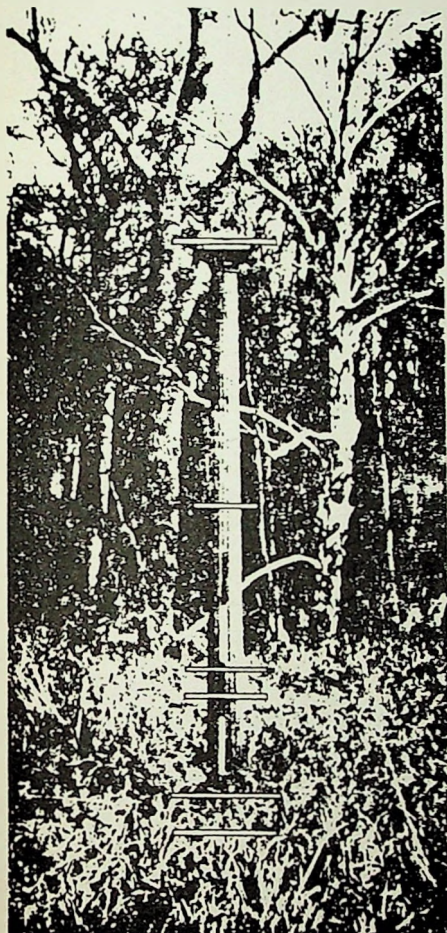
The Dwindling Soil

The initial scheme of the "Gentleman Adventurers" may well have been the most environmentally sound. The transition from marsh land to water meadow is more in keeping with the natural progression which allows the soil to build up over many years. But the short term financial gains presented, and still do present, a temptation almost beyond endurance.

The black peat fens are exceedingly fertile with a high organic content. They are easily worked at all times of the year and are ideal for producing early (highly profitable) crops. Any tradition of livestock farming has dimmed with the passage of time as intensive arable farming produces returns which the original "beef and bacon" never could.

Dust Bowl Farming

Making mistakes once or twice is an essential part of learning. Making them repeatedly is just plain dumb. The historical lessons of the Calinformia dust bowl and the desertification of once fertile land in Africa and elsewhere are particularly relevant to East Anglia because of the history of its soil.



—1848
Ground
level

—1860
4ft 9"

—1870
7ft 8"

—1875
8ft 2"

—1892
10ft

—1932
10ft 8"

The loss of the depth of top soil here was initially due simply to shrinkage of the peat as it dried. In places the land now lies as much as 18ft. below its original level. However the actual loss of soil material is a slower and more insidious process caused by oxidation of plant remains leading to a wastage of the peat itself.

More than one third of the original 345,000 acres of drained peat fen has now degenerated into what is known as skirtland, varying in texture from silty clay to fine sand.

In our next issue we shall take a more detailed look at the wetland which became the fens, and the plant animal and human life which it supported.

We shall be grateful to recieve any material which may help us cover the subject more thoroughly.

Mark Palmer
Joan Henriques

The Holme Post 1848-1932 from
Gordon Fowler, 'Shrinkage of the
peat covered Fenlands' Today the
post stands 18ft out of the fen.

ecology building society



"Advances shall be made to persons or on properties which, in the opinion of the Board, are most likely to lead to the saving of non-renewable resources, the promotion of self-sufficiency in individuals or communities, or the most ecologically efficient use of land."

Rule 5 from the Rules of the Ecology Building Society.

Building Societies generally discriminate against lending against cheap urban housing, smallholdings in the country and older properties in general. The result is a slower turnover of these houses and even actual dereliction when there are, in fact, people willing and able to buy them in normal circumstances. This is where the Ecology Building Society can help out.

The Society will lend on any freehold or leasehold land which will promote an ecological state of living - farms, small scale workshops, a village shop, derelict but sound houses which would otherwise have been abandoned and green field sites used for replacement housing, and back-to-backs (which by their nature are energy saving). They usually only lend to those who will be earning a living from the property.

Their rates are 1% above BSA (the rate recommended by the Building Societies' Association), and they pay basic BSA rate on ordinary share accounts, and $\frac{1}{2}$ % below BSA on ordinary deposit accounts.

Anyone who has a building society account should seriously consider opening an account at EBS - so that they can lend the money to people who can then put it where their mouth is.

Further information and account application forms are available from ECOLOGY BUILDING SOCIETY, 43 Main Street, Cross Hills, via Keighley, West Yorks., BD20 8TT. Tel. 0535 35933.

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Harvest Celebration

When writing about folklore or about customs of the past, it's all too easy to slip into nostalgia for the quality of life, to fall into the trap of the "good old days", now to be seen in the "Illustrated Lark Rise to Candleford", on sale at your friendly neighbourhood bookshop, and in those troupes of Morris dancers who can be seen every weekend outside some pub in the wilds of Cambridgeshire. How many Morris dancers today ever did a really hard day's work? Most of them are middle-class folkies, really only in it for the beer.

I'm sorry if that opening paragraph sounds jaded and cynical, but I do feel very strongly that anyone writing about this area has to be careful to guard against becoming romantic about times gone by. Actually, harvest time on the farm was, I should guess, one of the hardest times of the year. It was certainly the time when the men were paid the most and those overtime payments were often the sole means of subsistence during the coming harshness of winter.

In that case, what did the labourers of Cambridgeshire do in the nineteenth century? I'm sorry that this piece will be more historical than ecological or even contemporary, but it's been quite easy to find accounts of celebrations of the harvest one hundred years ago; nowadays we seem reduced to church ceremonies. However, there is a reason for that, and I hope to explain why the change took place.

In the Cambridge Record Office in Shire Hall, there is a very useful source of information about life in rural Cambridgeshire in the Diaries and Notebooks of the Maynard family from Whittlesford. The Maynards, father and son, collected vast amounts of facts and gossip from the village during the nineteenth century and also gathered together a large number of clippings from newspapers, books and periodicals of the time. The volumes have been partially indexed and are well worth browsing through for odd snippets about "days gone by".

In Whittlesford, they celebrated the arrival of the last load of the harvest, which they called the Hoakey or Hawkey Load. The Lord of the harvesting team, the most senior workman who decided the place of the work, led the cart into the farmyard, accompanied by the Lady who rode the lead horse. The horses were decorated with ribbons and flowers and the load itself with flags. As it was being led either

into the farm or round the village, the labourers would call out "Hawkey Home! Hurrah! Water! Hawkey Home!" On hearing this, the villagers would rush out with pails and buckets and drench both the harvesters and the last load. Maynard senior, writing in 1835, said that the load was very high and that he was obliged to use all his strength to reach the top.

This event was closely followed by a Harvest Supper of roast beef and plum pudding, perhaps the only such time in the year when the men would eat such meat. One song was always sung at this meal, a song collected in Whittlesford as in many other places, which clearly showed the deference of the occasion:

"Here's a health unto our master
The founder of the feast;
We hope to God his soul will go
When he do get his rest.
May everything now prosper
That he do take in hand;
For we be all his servants
As works at his command."

Those are the words of the Whittlesford version, and they do not differ radically from others all over England. The song was sung during the evening as the beer was passed round the table and as the men made sure that just for once in the year their bellies were full.

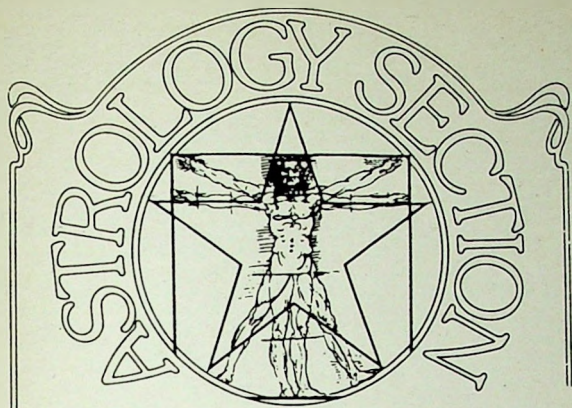


With increased mechanisation, such meals became obsolete. We no longer see fields full of labour at harvest time; we no longer see gangs of itinerant workers moving from farm to farm in search of extra work. Our equivalent today is the burnt stubble and blood-red skies at the end of August; the dirty washing on the line that had been clean but seems covered in bits of black.

As the nineteenth century progressed, however, the Harvest Supper of the Whittlesford kind became a thing of the past. The Church of England was worried about the effects of all that drinking and in many places there were moves towards religious rather than civil celebrations. The ideal became a Harvest Thanksgiving, which was a family affair with games on the farmer's lawns, rather than heavy drinking in the barns. These were obvious attempts to control the depravity of the working-class; as such, they caused the demise of the pleasure of the day.

Rob Gifford

★ This is the first in what we hope will be a series of seasonal articles about local folklore.



Riots Wars & Harmonies

(See listings
for regular
workshops by
the author.)

Writing at a time of massacres, riots, fires, explosions and other random instances of energy run riot, your astrologer is contemplating what was supposed to be a summer of lesser tension than the battling years from 1981 to 1984. The slow-moving planets, still concentrated in the signs Scorpio through Aquarius, are not challenged so intensely by the faster-moving planets this summer, but the mayhem continues, this time without a cause.

Astrology gives the timings of events, but not their causes. Occult doctrine, on the other hand, teaches that wars, riots and even "natural" disasters such as floods are caused by the suppressed emotions of living beings. Like lemmings to the cliff top, frustrated populations rush to war, so it is thought, and if wars and riotings are held in deadlock, like the miners' strike last July, natural disasters like the Lancashire earth tremor are only to be expected. As we have now progressed from the purposive looting of 1981, through the deliberate offensive of Falklands 1982, to the superbly ritualized encounter of the General Election 1983 and the futile deadlock of the miners' strike 1984, it would seem that if the present wave of catastrophes is stemmed by better safety measures and tighter crowd control, we shall be in for a summer of full-scale hurricanes. These will not be due to the nature or timing of the astrological influences, but to the amount of surplus energy that the population has got caught up in them. However, by the time you read this, June will have happened and the season of confrontation will be over. I will come back to occult theory later. In July, finance and power of all sorts will be upper-most in the mind of the UK, and the 12th brings a linkback to the day in February when the miners' strike was broken and the Molesworth protestors were evicted in a dawn raid. There will be some sort of commemorative action by one side or

the other, even if it is only a final tightening-up of Government policy. 24th, 25th and 27th July refer back to the day in March when the Sizewell PWR was given the go-ahead after a lengthy, expensive "enquiry". Britain's hidden sources of power and prestige are highlighted here by a stalemate situation which causes tempers to erupt all round.

August is the month for transport and teaching. The Government's built-in astrological opposition from the Church and the judiciary raises its head again. British universities, schools and publishing houses were rescued from VAT on books when Uranus went retrograde on 22nd March. What will happen when it goes direct on 23rd August? Questions to do with freedom of speech, local democracy, the right to personal privacy and that to official secrets, will come into prominence on 19th, 20th, 30th and 31st August.

September is the ecology month, but eco-concerns will be overshadowed by the Prime Minister's probable victory over Mr. Pym's Centre Forward group in the first fortnight of that month, and by the downturn in the fortunes of the British landed gentry and banking barons - all part of the change in use of the land which Neptune has been bringing about since January 1984. September should see the USA and USSR making diplomatic overtures to one another, coinciding neatly with the NATO and Warsaw Pact exercises, and so chemical warfare as well as the use of chemicals in agriculture should be uppermost in people's minds. 1984-86 is a good period for East-West relations: let's hope they can use the opportunity.

Time to Gather your Power

Now, since astrology can draw up horoscopes for nations and communities as well as for individuals, it is interesting to go back to the old occult doctrine of catastrophes, which is certainly true of individual psychology, as many readers of GREENWAVE know. If you start getting inexplicably attacked by other people, you had better look at how you are suppressing your own aggression. If your normally meek and mild "nice guy" neighbour suddenly goes beserk and starts beating up his housemate, your psychologist friends will probably nod their heads and say "It had to happen, and if it hadn't happened he'd have had a heart attack or a road accident." Astrology can show when these things are likely to happen, but by the same token it shows when such a person is able to regain a sense of their own power and learn how to use it joyfully, wisely and creatively in the harmonies and confrontations of everyday life. Can the same be done for a nation? For the world?

Prudence Jones

Health Education

An Empowerment Process

Health Education is regularly called upon by the government and the media as a method of solving the health problems from which society suffers, yet since the birth of the National Health Service, health education has remained the poor relation to its more prosperous neighbour - the illness services. Perhaps this is not surprising as we have a stronger image of illness than health, yet despite the poverty of funding that health education has received, it has proved effective. In an article entitled 'Is Health Education Effective?', it was reported that 82% of programmes increased knowledge, 65% of programmes succeeded in changing attitudes, and 75% of programmes designed to produce changes in behaviour did in fact, do so.



Let there be light

Shed, Addenbrookes Hospital, aims which individuals can choose and promote and maximise their health achieved in a number of ways:-

- * Providing information about health, including its promotion and the causes of ill health.
- * Developing and reinforcing individuals' attitudes,

The Cambridge Health Authority is now leading many other Authorities in its commitment towards health education. In the Strategic Plan 1984-94, it states 'The Health Service exists not only to care and treat ill health, but should seek to help individuals and communities value health as a fundamental life asset. The Service is concerned with health promotion as well as health care.'

Proposals

To this effect Cambridge Health Education Services based at the aim to create a context in which individuals can choose and adopt lifestyles which promote and maximise their health potential. This can be achieved in a number of ways:-

values and standards for health.

* Working towards an environment which facilitates health promotion.

* Maximising the community's own resources and resourcefulness for health promotion.

Fundamentally, health education is about equipping people to take action for themselves and in the community. A number of exciting projects will be launched over the next year which will be part of a process which genuinely seeks to empower people to take greater control of their lives.

Marion Howell

New Health Promotion Magazine

Before the 20th Century, town folk were forced into an awareness of the environmental factor in public health by the regular plagues and epidemics which hit the population. With the arrival of modern "wonder" medicines people's attention drifted away from prevention towards access to the new professional care.

This process culminated in the modern 'Health Service' - so named because people genuinely believed that if we all had access to a doctor, we would all be well. The failure of the Health Service to deliver health has led to a resurgence of the idea that lifestyle & education are the keys to positive health promotion. A new quarterly produced by an independant publishing collective made up of people involved in health education/promotion, has just been launched. Titled "Radical Health Promotion" it is available from Val Aherne, 44 Kennerly Road, Davenport, Stockport, SK2 6EY at £1 for the first issue or £3.50 for a sub

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OPENING TIMES FOR JULY/AUGUST WILL BE ON THE ANSAPHONE

The Western Way

Mark Palmer looks at
a new book from
John and Caitlin
Matthews.

Our countryside has a tradition of belief inscribed into its features. Hills and wells, like our local Mutlow Three Hills and Seven Sisters Wells, sacred sites like the Gog Magog hills, all bear witness to that belief system. One which we are usually only able to glimpse through a distorting haze of decades of crude but persistent propaganda.

The most basic message which John and Caitlin Matthews, authors of 'The Western Way' wish to get across is that we do have a valid Western tradition which is not to be glibly dismissed as ignorant superstitious nonsense. We don't have to allow the caricature images of cackling witches and demonic orgies to cloud our view of what is actually there to be learnt.

Their talk on "The Western Esoteric Tradition" at the Festival of the Spirit (London 3-6 May '85) was, for me, an oasis of clarity and common sense in an event which otherwise left me with a rather queasy feeling. Matters spiritual and divine rarely feel very at home in 'the market place' and this event has yet to find the answer where I'm concerned.

Both John and Caitlin come from Catholic backgrounds and still describe themselves as Catholics. They find no contradiction between the essence of the Christian faith and that of the Western way. As Caitlin pointed out, for many people the term esoteric effectively means eastern. Many people here have involved themselves in a search through eastern mystical traditions only to find that the fundamental differences in culture and world view remain an obstacle. There are different paths to understanding because we are coming from different starting points, not because the goal is different.

The word esoteric most simply means 'inner'. All belief systems have an exoteric (outer) form which consists of the social organisation of the 'church', its written teachings; buildings; rituals; sacred images and so on. The sole purpose of these is to provide a channel, a pathway to the esoteric (inner) experience, our direct personal experience of the spiritual aspect being human.

Myths & Truths of Paganism

In the case of the Christian faith the authors consider that the outer forms of the church have become so rigid, so much



an end in themselves that they now tend to form a barrier rather than a pathway to the inner reality. In keeping with the dominant, dualistic view of the world the Christian church has tended to characterise itself as all light, all goodness, all love, while characterising paganism as all darkness and evil.

By contrast the pagan view has more in common with the green philosophy, the holistic view. 'Pagan' simply means "rustic, rural or civilian". In effect it

was the faith of the common people as distinct from the official faith of the royal court. The pagan world-view sees light and dark, joy and pain as being aspects of reality where value judgements like good and bad are largely irrelevant. The death and decay of winter are as fundamental to existence as the growth and abundance of spring and summer.

Do you have a happy life? Surely the only honest answer must be "sometimes yes, sometimes no". Sadness and conflict are as fundamental to life as autumn and winter. Often they are regarded as "upsets" in an otherwise "happy happy happy" normalcy, to be smothered over and forgotten as soon as possible, rather than coped with realistically.

The green philosophy offers a more comprehensive and integrated view of reality than that which it replaces and the Western Way offers a deeper foundation of significance, and tradition for that philosophy. If we can clear a way through the prejudices we have been taught sufficiently to see what's there, this native spiritual heritage of ours has much to offer the present day. Buy this book. Mark Palmer ●

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EVENTS³⁰ Molesworth

JUNE

See page 4 for contact.

Sat 24th- International Summer Workcamp at Old School:

Sun 30th practical jobs to get School House in order;
making music, having fun.

Tues 25th Balloon release early evening

Wed 26th Contractor day of action

Thur 27th Liaison meeting for everyone involved with anything to do with Molesworth

Sun 30th 12 - 1 Quaker meeting. Bring and share lunch

JULY

Mon 1st London Regional Day of Action

Thurs 4th-Summer School of Peace Studies - speakers, films
Sun 14th and workshops

Sat 6th Quaker National Day of Action

Sun 21st Stop the Air Fair at Alconbury

Fri 26th- Meditation weekend exploring ways to peace within

Sat 27th ourselves and in ourselves with Christopher Titmuss

Sun 28th Quaker meeting 10 - 1 Bring and share lunch

AUGUST

Tues 6th Hiroshima Day. All sorts of things going on.
Ex-services CND will be there.

SEPTEMBER

Sun 1st Eirene Day - anniversary of Dedication ceremony

Sun 1st- National Pledge week of action

Sat 7th

FESTIVALS, FAIRS & FUN THINGS

JUNE

Fri 21st- Glastonbury CND Festival, Worthy Farm, Pilton.

Sun 23rd Somerset. £16 advance from CND, 11 Goodwin Str.
London N4 3HO Tel Pilton 254

Sat 22nd U2 at Milton Keynes Bowl. Tickets £12.30. Pay
"MCP Ltd." PO Box 124, Walsall, West Midlands.SAE

EVENTS

FESTIVALS FAIRS AND FUN THINGS

Sun 23rd S.E. London Green Fair, Fordham Park, New Cross.
Free (Info. 01 318 6628)

Sat 29th Reggae Sunsplash, Selhurst Park, S. London (3rd -
World, Smiley Culture, Gregory Isaacs et al)

Sat 29th Folk Festival. Longleat, Wiltshire.

Sat 29th- Norwich Rainbow Fayre, Earlham Park, Norwich. No
Sun 30th Camping. Info- 0603 503711

Sun 30th Jammin' 85, Battersea Park, London. GLC Free
Info 01 734 0220

JULY

Fri 5th Hood Fayre, River Dart Country Park, Devon £10.50
Sun 7th children £4.

Fri 5th- Leeds Folk Festival. (Check out date) 0423
Sun 7th 888973

Sat 6th Brockwell Park Smokey Bears Gathering, Brixton,
London 2pm Near usual site of stage.(!)

Sat 6th St. Pauls Afro Caribbean Carnival, Bristol

Sat 13th Tewkesbury Mediaeval Fayre. Lots of people knock
hell out of each other dressed in mediaeval gear.

Sat 13th Pimlico Free Festival, St. Georges Sqr. London
"Food for Africa" theme.

Sat 13th- Solsbury Hill Peace Picnic, Ancient Celtic site
Sun 14th overlooking Bath, Avon.

Fri 19th- WOMAD Multicultural Festival, Mersea Island
Sun 21st Essex. Tickets £16 Info 0272 290242

Fri 26th- Cambridge Folk Festival, Cherry Hinton Hall
Sun 28th grounds Info C.358977

Fri 26th- Elephant Fair, St Germans, Cornwall (Info 0503 -
Sun 28th 30816)

AUGUST

Thur 1st- Meigan Fair, Gilfach Farm, Llanysulcarmarthen,
Sun 4th West Welsh Wales - Free

ALL OF AUGUST

Catlin Stone Free Fest. Nr Clun Forest, Mid Wales

EVENTS

JUNE

- Sat 22nd- Folk dancing, Burwell House, North Street.
 Sun 23rd Burwell, Cambs. Tel Newmarket 741256
- Sat 22nd United Nations Day. FoE stall at Friends House.
- Sat 22nd- Womens Arts and Crafts Exhibition. Daily 10-5pm
 to Sat closed Sunday, in exhibition hall, Central
 6th July Library, Lion Yard, Cambridge. Free
- Sun 23rd FoE bike ride to Swavesey. Bring sandwiches.
 Meet outside Bath House at 11am.
- Mon 24th Cambridge Antiquarian Society "Excavations at
 Sutton Hoo" 8pm Chemistry Labs at corner of Lens-
 field Rd. Paton Street, Cambridge. Free.
- Fri 28th Course on organising a womens health course.
 One day workshop. Cherry Hinton Community school
 Fulbourn Old Drift. Contact Lee Adams, The Shed,
 Addenbrookes.
- Sat 28th- Touch for Health, Advanced weekend. Contact Romy
 Sun 30th Paine C.354734 for details and booking.
- Sat 29th- Introduction to Neuro Linguistic Programming.
 Sun 30th Weekend workshop in Cambridge. Stephen Brooks.
 Contact Regan Masters 01 354 5970
- Sun 30th Cambridge Natural Health Information Centre
 Talk on Acupuncture 11:15am Natural Dance
 Workshop 2:00pm Phone Cathy Lowenstein C.63482
 for bookings.

JULY

- Sat 6th Co-op Peace Picnic, Jesus Green 12-3
- Thur11th- Alternative Medicine Exhibition, Kensington
 Sun 14th Exhibition Centre, Derry Street, London 11-7 dly.
- Thur11th- Cambridge Film Festival Programme details and
 Sun 28th tickets - Arts Cinema C.352001
- Sat 13th- Cambridge Festival - Programme details and
 Sun 28th tickets from Festival Box Office, Central Library
 Lion Yard, Cambridge. C.357851
- Sat 20th- Holistic Health Gathering, Cirencester, Gloucester.
 Mon 22nd Organised by Natural Health Network 04606-
 3229.

Sun 21st Alconbury Air Show. Protest outside entrance.

Sat 27th- First Annual Smallholders and Self Sufficiency

Sun 28th Fair, Suffolk Show Ground, Ipswich 10-6pm Call 098683 657 for details.

Mon 29th- Home Maintenance Women's Resource Centre course

Tues 30th See posters in Arjuna etc for details.

Tues 30th-Video Workshops for girls 11-14yrs. 10-4 each

Thurs 1st day Womens Recourses Centre.

Wed 31st- Carpentry for girls 12+ Womens Resources Centre
9th Aug.

AUGUST

Tues 6th- Computing for Girls 8-10yr olds on 6th at 1-3pm

Thurs 8th 10-12yr olds on 7th 10-3pm, 13-16yr olds on 8th 10-3pm. Womens Recourse Centre

THE REST OF THE WORLDS ON HOLDS! (See Festivals listings)

SEPT

Sat 21st- Touch for Health Basic Course. Contact Romv

Sun 22nd Paine C.354734 for details

Sat 21st Natural Healing and Health Fair Wesley Centre,
King St. Cambridge (Organised by National Federation of Spiritual Healers.)

Sat 21st Introduction to Massage Contact Gill Westland.
C.214658 for details.

Sat 28th Intuitive Massage for Men & Women. University
Centre, Granta Place, Mill Lane, Cambridge 2-5:30
Call Christianne Heal 01 435 5432 or C.314620

D'Ya Wanna Dance? The Alternative Disco is on its way!!
Provisional date: June 26th. Venue not yet confirmed.
Watch the walls for details!!!!!!

Please forgive us for not being able to publish our usual General and Natural Health Directories in this issue. Updated copies will be available from the end of July in return for a 13p stamp and SAE. Entries for next issue by 1st Sept. please. Greenwave, The Gate House, Fen Rd., Milton, Cambridge, CB4 4AF. Tel C.861749

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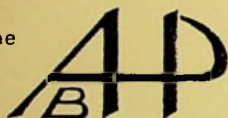


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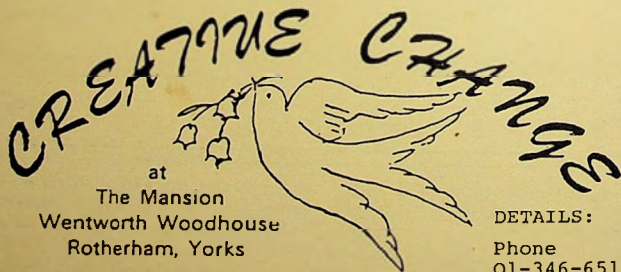


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